

KS3 Suggested timetable

	1 9.00am-9.30am	2 9.45am-10.35am		3 10.55am-11.45am	4 11.45am-12.35pm		5 1.35pm-2.25pm	6 2.25pm-3.15pm	After school
Monday	Fitness You could have a look at Joe Wick's 'P.E with Joe' on YouTube. Great accessible exercise for 30 minutes On at 9am every morning	Other subject	B R E A K	Science	English	L U N C H	Maths	Reading, Wellbeing or Fitness	Have a go at any of the challenges on social media, or complete any challenge work or work you want to complete
Tuesday		Maths		English	Other subject		Science		
Wednesday		Other subject		Science	Maths		Other subject		
Thursday		English		Maths	Other subject		Other subject		
Friday		Science		Other subject	Other subject		English		

- Students will be provided with work via Show My Homework.
- KS3: 4 x 50 min sessions a week of English, Maths and Science. 8 x 50 min session of other subjects a week
- Ensure breaks happen between each session and that students are remaining active

KS4 Suggested timetable

	1 9.00am-9.30am	2 9.45am-10.35am		3 10.55am-11.45am	4 11.45am-12.35pm		5 1.35pm-2.25pm	6 2.25pm-3.15pm	After School
Monday	Fitness You could have a look at Joe Wick's 'P.E with Joe' on YouTube. Great accessible exercise for 30 minutes. On at 9am every morning	Option A	B R E A K	Science	English	L U N C H	Maths	Reading, Wellbeing or Fitness	Have a go at any of the challenges on social media, or complete any challenge work or work you want to complete
Tuesday		Maths		English	Option B		Science		
Wednesday		Option C		Science	Maths		Option D		
Thursday		English		Maths	Option A		Option B		
Friday		Science		Option D	Option C		English		

- Students will be provided with work via Show My Homework.
- KS4: 4 x 50 min sessions a week of English, Maths and Science.
- Ensure breaks happen between each session and that students are remaining active

KS5 Yr 12 Home Learning

- Students to be provided with work via Show My Homework on a day they would normally have lessons (longer, extended work may be set for the whole week)
- Clear instructions to be provided with a timescale for completion
- Students can access teachers via email addresses, and visa-versa, teachers may communicate via email
- Work that teachers would like to collect should be emailed and students should expect feedback on work over the course of a week
- Students should continue to ask for help if they are stuck
- Students must maintain routines and disciplines of learning from home
- Students should expect 6 – 8 hours of work per subject, per week
- The following blank timetable can be used as a template (this could be drawn out)

	1	2	Fitness (15 mins)	3	4	Reading and Fitness (30-50 mins)
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						